

# NBAC Café

## Salads

<b>NBAC Classic Salad</b> – mixed greens, avocado, cucumbers, tomatoes, carrots, sprouts, mushrooms, cheese, sunflower seeds and choice of protein: tuna, salad, roasted turkey, bacon, house made egg salad or roast beef.	<b>\$12.95</b>
<b>Classic Cobb Salad</b> - turkey, bacon, Monterey jack, hard boiled eggs, tomatoes, ranch dressing	<b>\$12.95</b>
<b>China Cove Shredded Chicken</b> - mixed Napa cabbage, roasted almonds, chestnuts, Mandarin oranges, cilantro, red peppers, crispy noodles, tossed in a light Oriental vinaigrette	<b>\$12.95</b>
<b>The Greek</b> – cucumber, tomatoes, Kalamata olives, feta, lemon Greek dressing	<b>\$11.95</b>
<b>Martin's Spinach Chopped</b> - spinach, smoked bacon, tomatoes, cucumber, mushrooms, mozzarella cheese, hardboiled egg and ranch dressing	<b>\$11.95</b>
<b>Mayan Salad</b> – mixed greens, shredded chicken, onion, cilantro, corn, black beans, pico, topped with cheese & house cilantro dressing	<b>\$13.95</b>
<b>Chicken Caesar</b> - chicken, romaine lettuce, homemade croutons, shaved parmesan cheese and Caesar dressing	<b>\$12.95</b>
<b>Studio 4 Special</b> - scoop of tuna, tomatoes, cucumbers, avocado and chips, a local favorite	<b>\$10.95</b>
<b>Avo Duo</b> – two half avocados stuffed with house made tuna salad and egg salad	<b>\$13.95</b>
	<b>double tuna +\$1.50</b>
<b>Add ½ avocado to any salad \$1.95</b>	

## Mex Plates

<b>Chips &amp; Guacamole</b> – Have'a Chips & fresh guacamole	<b>\$7.95</b>
<b>NBAC Taco</b> - authentic shredded chicken taco served with pico de gallo, onions & cilantro	<b>(1) \$4.95</b> <b>(2) \$8.95</b>
<b>Ensenada Enchiladas</b> - two shredded chicken enchiladas covered with cheese & ranchero sauce	<b>\$7.95</b>
<b>Fresh Made Ahi Tuna Ceviche</b> – made to order, sushi grade ahi tuna, cucumber, tomatoes, onions, cilantro, lime, avocado, served with Have'a Chips, your choice of mild, spicy or pain	<b>\$14.95</b>

1367 Avocado Ave Newport Beach CA 92660  
(949) 759-0322  
www.nbaccafe.com  
Open Monday thru Friday 10AM to 3PM

# NBAC Café

## Sandwiches

Served with your choice of classic shredded carrots, green salad, soup, pasta salad, Have'a Chips or fruit (add \$1.00)

**NBAC Original** - with your choice of: **\$12.95**

- **Bread** - white, whole grain wheat, squaw or sourdough
- **Protein** - tuna, turkey, roasted chicken, roast beef, soy turkey or bacon
- **Cheese** - Monterey jack, pepper jack, white cheddar or Swiss cheese

**NBAC combo Special** - 1/2 sandwich with choice of classic shredded carrots, green salad, soup, pasta salad, or Have'a Chips **\$8.95**

**JB's Grilled Cheese "The Founder's Favorite"** - Sourdough, pepper jack cheese, tomato, sweet Maui onion & avocado **\$10.95**

**B.L.T** - traditional bacon, lettuce & tomato with mayo **\$11.95**  
add avocado **\$3.00**

All sandwiches come with avocado, mayonnaise, mustard, lettuce, tomato, cucumber & alfalfa sprouts

## Wraps

Served with your choice of classic shredded carrots, green salad, soup, pasta salad, Have'a Chips or fruit (add \$1.00)

**San Miguel Veggie** - fresh salsa, avocado, black beans, corn, cilantro, cheese, mixed greens, cabbage in a spinach tortilla **\$11.95**

**NBAC Chicken Club** - roasted chicken, bacon, tomatoes, sunflower seeds, avocado, spinach tortilla with ranch dressing **\$13.95**

**Wild Ahi Tuna** - seared ahi tuna, peppers, hardboiled egg, crispy noodles, garden vegetable spinach tortilla & garlic aioli **\$14.95**

**Spicy Santa Fe Chicken** - roasted chicken, chipotle mayo, black beans, corn, cilantro, red onions, sun dried tomato tortilla **\$12.95**

**Mex Wrap** - skillet style chicken, onions, cheese, mushrooms, black beans, lettuce & pico, lightly grilled & wrapped **\$12.95**

side of guacamole **\$3.00** side of salsa **\$1.00**

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## Breakfast

<b>Sunrise Breakfast Sandwich</b> - avocado, eggs, cheese, bacon with side of fruit.	<b>\$11.95</b>
<b>Breakfast Burrito</b> - avocado, eggs, cheese, tomatoes, mushrooms, bacon & salsa	<b>\$11.95</b>
<b>Tommy's Scramble</b> - 2 eggs, cheese, bacon, tomatoes, mushroom, onions & jalapenos	<b>\$10.95</b>
<b>Barbell Burrito</b> – egg whites, black beans, cheese, house made pico de gallo	<b>\$9.95</b>
	<b>add bacon \$2.00</b>
<b>Clubhouse Classic</b> – two eggs, bacon, tomato, avocado, choice of toast	<b>\$10.95</b>

## Smoothies

<b>Berry Pizzazz</b> - blueberries, strawberries, bananas, raspberries & apple juice	<b>\$6.95</b>
<b>Chocolate Champ</b> – chocolate whey protein, strawberries, blueberries, raspberries, filtered water	<b>\$7.95</b>
<b>Green Warrior</b> – matcha green tea, pea protein, organic barley grass, raspberries, mango, strawberries, apple juice	<b>\$7.95</b>
<b>Peanut Butter Bomb</b> - peanut butter, cinnamon, bananas & low-fat milk	<b>\$6.95</b>
<b>Acai</b> - acai berries, blueberries, strawberries, raspberries, bananas & apple juice	<b>\$9.95</b>

## Sides

<b>Mediterranean Pasta Salad</b>		<b>\$3.95</b>
<b>Fresh Fruit</b>	<b>small \$4.95</b>	<b>large \$6.95</b>
<b>Classic Shredded Carrots</b>		<b>\$2.95</b>
<b>Small Salad</b>		<b>\$6.95</b>
<b>1/2 Avocado</b>		<b>\$3.95</b>
<b>Guacamole</b>		<b>\$5.95</b>
<b>Bacon</b>		<b>\$3.95</b>
<b>Shredded Chicken</b>		<b>\$5.95</b>
<b>Tuna Scoop</b>		<b>\$5.95</b>
<b>Have'a Chips</b>	<b>side \$2.95</b>	<b>bag \$4.95</b>
<b>Toast (2 Slices)</b>		<b>\$1.95</b>

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Hard Boiled Egg (1)			\$1.75
Homemade Cookie	(1) \$2.75	(6) \$15.00	(12) \$25.00
Homemade Soup of The Day		Cup \$3.95	Bowl \$5.95

## Beverages

NBAC Passion Fruit Iced Tea	\$2.50
NBAC Arnold Palmer	\$2.50
Coke, Diet Coke, Sprite	\$2.50
Pellegrino	\$2.50
Snapple	\$2.95
Gatorade	\$2.95
Orangina	\$2.50
Smart Water	\$2.50
Coconut Water	\$2.95

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