

NBAC Café

Salads

NBAC Classic Salad – mixed greens, avocado, cucumbers, tomatoes, carrots, sprouts, mushrooms, cheese, sunflower seeds and choice of protein: tuna, salad, roasted turkey, bacon, house made egg salad or roast beef.	\$12.95
Classic Cobb Salad - turkey, bacon, Monterey jack, hard boiled eggs, tomatoes, ranch dressing	\$12.95
China Cove Shredded Chicken - mixed Napa cabbage, roasted almonds, chestnuts, Mandarin oranges, cilantro, red peppers, crispy noodles, tossed in a light Oriental vinaigrette	\$12.95
The Greek – cucumber, tomatoes, Kalamata olives, feta, lemon Greek dressing	\$11.95
Martin's Spinach Chopped - spinach, smoked bacon, tomatoes, cucumber, mushrooms, mozzarella cheese, hardboiled egg and ranch dressing	\$11.95
Mayan Salad – mixed greens, shredded chicken, onion, cilantro, corn, black beans, pico, topped with cheese & house cilantro dressing	\$13.95
Chicken Caesar - chicken, romaine lettuce, homemade croutons, shaved parmesan cheese and Caesar dressing	\$12.95
Studio 4 Special - scoop of tuna, tomatoes, cucumbers, avocado and tortilla chips, a local favorite	\$10.95
Avo Duo – two half avocados stuffed with house made tuna salad and egg salad	\$13.95
	double tuna +\$1.50
Add ½ avocado to any salad \$1.95	

Mex Plates

Chips & Guacamole – tortilla chips & fresh guacamole	\$7.95
NBAC Taco - authentic shredded chicken taco served with pico de gallo, onions & cilantro	\$4.95
Ensenada Enchiladas - two shredded chicken enchiladas covered with cheese & ranchero sauce	\$8.95
Fresh Made Ahi Tuna Ceviche (NEW) – made to order, sushi grade ahi tuna, cucumber, tomatoes, onions, cilantro, lime, avocado, served with Tortilla chips, your choice of mild, spicy or pain	\$16.95

1367 Avocado Ave Newport Beach CA 92660

(949) 759-0322

www.nbaccafe.com

Open Monday thru Friday 9AM to 3PM

10.15.2018

NBAC Café

Sandwiches

Served with your choice of classic shredded carrots, green salad, soup, pasta salad, tortilla chips or fruit (add \$1.00)

NBAC Original - with your choice of: **\$12.95**

- **Bread** - wheat, squaw or sourdough
- **Protein** - tuna salad, turkey, roasted chicken, roast beef, soy turkey or bacon
- **Cheese** - pepper jack, aged cheddar or Swiss cheese

NBAC combo Special - ½ sandwich with choice of classic shredded carrots, green salad, soup, pasta salad, or tortilla chips **\$9.95**

JB's Grilled Cheese "The Founder's Favorite" - Sourdough, pepper jack cheese, tomato, sweet Maui onion & avocado **\$10.95**

B.L.T - traditional bacon, lettuce & tomato with mayo **\$11.95**
add avocado **\$3.00**

All sandwiches above come with avocado, mayonnaise, mustard, lettuce, tomato, cucumber & alfalfa sprouts

The Naked Sandwich - choice of protein: tuna salad, roasted turkey, roasted chicken, bacon, house-made egg salad or roast beef with lettuce, tomato, mustard and mayo, add chips & pico \$1 **\$6.95**

Wraps

Served with your choice of classic shredded carrots, green salad, soup, pasta salad, tortilla chips or fruit (add \$1.00)

San Miguel Veggie - fresh salsa, avocado, black beans, corn, cilantro, cheese, mixed greens, cabbage in a spinach tortilla **\$11.95**

NBAC Chicken Club - roasted chicken, bacon, tomatoes, sunflower seeds, avocado, spinach tortilla with ranch dressing **\$13.95**

Wild Ahi Tuna (NEW) - seared ahi tuna, peppers, hardboiled egg, crispy noodles, garden vegetable spinach tortilla & garlic aioli **\$16.95**

Spicy Santa Fe Chicken - roasted chicken, chipotle mayo, black beans, corn, cilantro, red onions, sun dried tomato tortilla **\$12.95**

Mex Wrap - skillet style chicken, onions, cheese, mushrooms, black beans, lettuce & pico, lightly grilled & wrapped **\$12.95**

side of guacamole **\$3.00** side of salsa **\$1.00**

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Breakfast served until 11:30am

Sunrise Breakfast Sandwich - avocado, eggs, beans & cheese, bacon with side of fruit.	\$11.95
Breakfast Burrito (NEW) - two eggs, potatoes, beans & cheese served with your choice of Lavazza drip coffee or iced tea, served until 10:30am	\$6.95
Mega Burrito - three eggs, potatoes, beans & cheese	\$8.95
Breakfast Tacos (2) - eggs, bacon & cheese served with chips & pico	\$6.95
Veggie Omelette - egg whites, spinach, mushrooms & tomato	\$8.95
BTC Omelette – eggs, bacon, tomatoes & cheese	\$8.95
Add avocado, bacon or chips & pico \$1, add steak \$2	

Smoothies

Berry Pizzazz - blueberries, strawberries, bananas, raspberries & apple juice	\$6.95
Chocolate Champ – chocolate whey protein, strawberries, blueberries, raspberries, filtered water	\$7.95
Green Warrior – matcha green tea, pea protein, organic barley grass, raspberries, mango, strawberries, apple juice	\$7.95
Peanut Butter Bomb - peanut butter, cinnamon, bananas & low-fat milk	\$6.95
Acai - acai berries, blueberries, strawberries, raspberries, bananas & apple juice	\$9.95
Pump it up!!!	
add protein \$1.50, add raw egg \$1.50, add almond milk \$.50	
add spinach \$2.00, add peanut butter \$1.00	

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Sides

Mediterranean Pasta Salad		\$3.95
Fresh Fruit	small \$4.95	large \$6.95
Classic Shredded Carrots		\$2.95
Small Salad		\$6.95
1/2 Avocado		\$3.95
Guacamole		\$5.95
Bacon		\$3.95
Tuna Scoop		\$5.95
Tortilla chips		\$2.95
Toast (2 Slices)		\$1.95
Hard Boiled Egg (1)		\$1.75
Homemade Cookie	(1) \$1.75	(2) \$3.00
Homemade Soup of The Day – served with tortilla chips	cup \$4.95	bowl \$6.95

Beverages

NBAC Hibiscus Iced Tea	\$2.50
NBAC Arnold Palmer	\$2.50
Coke, Diet Coke, Sprite	\$2.50
Pellegrino	\$2.50
Snapple	\$2.95
Gatorade	\$2.95
Coconut Water	\$2.95
Mpower Water	\$2.50
Lavazza Coffee	\$2.55

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Tapas Menu served after 4:00pm

Hummus & Sticks - hummus with fresh cut veggies		\$3.95
Gourmet Soup - made fresh daily, served with tortilla chips	cup \$4.95	bowl \$6.95
Housemade Guacamole & Chips - served with pico de gallo		\$2.95
Fresh Made Ahi Tuna Ceviche (NEW) - made to order, sushi grade ahi tuna, cucumber, tomatoes, onions, cilantro, lime, avocado, served with Tortilla chips, your choice of mile, spicy or pain		\$16.95
Daily Flatbread Specials		\$3.95
Charcuterie Plate - sopressata salami, cheese, nuts, served with croutons		\$5.95
Mediterranean Plate - feta cheese, kalamata olives and pita		\$3.95
Bruschetta - fresh garlic, basil and tomato on toasted fresh bread drizzled with olive oil		\$5.95

Beer & Wine

We feature a full selection of premium beer and fine wine. Wine is available by the glass and by the case. Please ask for a list of todays fine wine offerings.

Coors Lite	\$4.00
Pacifico	\$4.00
Corona Extra	\$5.00
Blue Moon	\$5.00
Shock Top	\$5.00
Stella Artois	\$5.00
Sculpin IPA Grapefruit	\$6.00

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